# Participant contact Information

|  |  |
| --- | --- |
| Your name |  |
| Preferred name |  |
| Date of birth |  |
| Gender / Pronoun |  |
| Interpreter Required YES/NO (Language) |  |
| Phone |  |
| Email |  |
| Address |  |
| Postal (if different) |  |
| Can we safely send an SMS or email to these contact details? Yes/ No | |
| Do any court orders apply to you? |  |
| Workplace / School |  |
| Occupation / Year level |  |
| Your usual mode of transport (car, PT) |  |
| How did you hear about GAS? |  |
| When would you like to start? |  |

# Referral information

|  |  |
| --- | --- |
| Referral date |  |
| Referring agency |  |
| Contact person |  |
| Email |  |
| Phone |  |
| Reason for referral |  |
| Diagnosis / disability (if applicable) |  |

# Emergency contact information

|  |  |
| --- | --- |
| In case of emergency please contact (Parent, Guardian, Advocate, Agency, Friend) | |
| Name |  |
| Phone |  |
| Email |  |
| Address |  |
| Relationship to you |  |
| Have they been informed of this role YES/NO |  |

# Billing information

|  |  |
| --- | --- |
| Funded by (send invoice to) |  |
| NDIS Disability Care Number (if applicable) |  |

# Support needs

|  |  |
| --- | --- |
| What brings you to therapy? |  |
| What made you decide that NOW is the right time for therapy? |  |
| If therapy is successful how will your life be different? |  |
| Do you have any other support right now? |  |
| Do you have any specific needs regarding your culture, gender, religion? |  |
| Which counselling setting best suits you (indoors, outdoors, online, phone)? |  |

# Safety needs

|  |  |
| --- | --- |
| Do you have a Safety Plan? |  |
| Do you have a Behaviour Support Plan? |  |
| Can you communicate unaided? |  |
| Do you require mobility aids? |  |
| Do you require personal care assistance? |  |
| Can you self-administer medication? |  |
| Are you able to understand and follow safety instructions? |  |
| Are you comfortable in outdoor environments? |  |
| Are there any places or activities we should avoid? |  |
| What strategies do you use to calm and regulate your nervous system? Do you need assistance? |  |
| Do you have difficulty with specific triggers? |  |
| Have you deliberately injured or harmed yourself? |  |
| Have you experience suicidal ideation? |  |
| Have you been verbally or physically violent towards others? |  |
| Have you ever absconded whilst in care? |  |
| Do you have a heightened interest in fire or pose a fire risk? |  |
| Are you able to attend free from alcohol and/or illicit drugs? |  |
| Is there anything else you would like GAS staff to know (in regard to keeping you safe)? |  |

# Medical history

|  |  |
| --- | --- |
| Medicare number |  |
| Medicare expiry date |  |
| Private Health Insurance YES/NO | Ambulance cover YES/NO |
| Are you vision impaired? YES/NO | Are you hearing impaired? YES/NO |
| Do you have asthma? YES/NO | Do you have an Asthma Action Plan? YES/NO |
| Do you have diabetes? YES/NO | Do you have a Diabetes Management Plan? YES/NO |
| Do you have epilepsy? YES/NO | Do you have an Epilepsy Management Plan? YES/NO |
| Do you have allergies? YES/NO | Do you have an Allergy or Anaphylaxis Action Plan? YES/NO |
| What are you allergic to? |  |
| Do you have a heart condition? YES/NO | Do you have any problems with your balance? YES/NO |
| Do you have any back, knee, ankle, shoulder problems? |  |
| Has a doctor placed any restrictions on your activity? |  |
| How far or for how long can you walk without stopping? |  |
| How far can you swim without stopping? |  |
| Please list all other medical conditions and illnesses. |  |
| Instructions for GAS staff (if applicable). |  |

# Medications

|  |  |  |  |
| --- | --- | --- | --- |
| Name of medication | Dose | Frequency | Purpose of medication |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

# Other contacts

|  |  |
| --- | --- |
| **Mental Health Support** **Person / Advocate** (someone who knows you well and understands why you are attending GAS). | |
| Full name |  |
| Relationship to you |  |
| Agency (if applicable) |  |
| Address |  |
| Phone |  |
| Email |  |
| Have they been informed of this role YES/NO | Do you consent to GAS contacting them? YES/NO |

|  |  |
| --- | --- |
| **General Practitioner** | Consent to contact? YES/NO |
| Full name |  |
| Clinic name |  |
| Address |  |
| Phone |  |
| Email |  |

|  |  |
| --- | --- |
| **Psychiatric Practitioner** | Consent to contact? YES/NO |
| Full name |  |
| Their role (Psychiatrist, GP, other) |  |
| Clinic name |  |
| Address |  |
| Phone |  |
| Email |  |

|  |  |
| --- | --- |
| **Support Coordinator / Key Worker** | Consent to contact? YES/NO |
| Full name |  |
| Their role |  |
| Agency |  |
| Address |  |
| Phone |  |
| Email |  |

|  |
| --- |
| **CONSENT FORM** |
| Full name of client: |

**Limitations to confidentiality**

All interactions which take place in the setting of therapy are considered confidential. This includes requests by telephone, all interactions with the counsellor, any scheduling or appointment notes, all session content records and any progress notes that are recorded during sessions. However, there are some limitations regarding this, and the Bush Adventure Therapy (BAT) Practitioner will be required to break confidentiality under the following circumstances:

* Discussing with other GAS staff members for supervision or administration
* If you are in immediate danger to yourself or others
* If you have abused a known minor
* You disclaim to the BAT Practitioner that you intend to commit a crime in the future
* Laws for mandatory reporting on specific abuses
* Reporting to other agencies for funding and ongoing support i.e. NDIS
* You sign a release or verbal permission is given to GAS
* If the court system requests a subpoena from GAS for your records

**Collaboration with other services regarding our work**

Occasionally at GAS we may need to contact other agencies and practitioners related to your care with us. Please list any practitioners and/ or agencies we may need to be in contact with during your counselling/BAT support in the following table:

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Agency** | **Support Provided** | **Contact Details** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (full name) understand the limitations of confidentiality at GAS and I give consent for GAS to collaborate with the practitioners listed above.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_