

NAVIGATE

Veterans Paddle



PILOT PROJECT #2

MEET OTHER VETERANS.
EXPERIENCE THE HEALTH BENEFITS OF
OUTDOOR ADVENTURE.
TAKE TIME OUT TO REST, REFLECT, RE-SET.



Volunteers Needed

GAS & Adventure Works are seeking volunteers to test and contribute to the design of an outdoor adventure program intended to improve the health and wellbeing of Victorian Veterans.



Your role as a volunteer

- Attend the pilot program as a participant and advisor.
- Examine and comment on all components of the program (feedback surveys).
- Share personal insights with the team about how the program might help/hinder a Veteran to improve their health in various areas including mental health, physical health and social health.



Proposed Dates

March – June 2024, Participant advisor recruitment.

June – July 2024, Information dissemination and planning.

July – August, Program dates to be confirmed. It will include: Two introductory adventure days; a 4-day canoe paddling journey; and two follow-up adventure days.

August – September: Follow up evaluation of the pilot by participants.



The Navigate Program

Funded by the Office for Veterans (Victorian State Government), the Navigate Program is an initiative of Adventure Works Australia and Geelong Adventure Specialists. The aim of this pilot is to work with the Veteran community to design an experience that provides meaningful support to Veterans as they navigate civilian life.

FIND OUT MORE



Geelong Adventure Specialists & Adventure Works Australia
Program contact: (03) 5222 1431
<https://adventureworks.org.au/navigate/>
<https://geelongadventurespecialists.com.au>

